

# Chemical synthesis of three 14 $\alpha$ -hydroxymethyl cholestenols

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**Abstract** Reported herein are chemical syntheses of 14 $\alpha$ -hydroxymethyl-5 $\alpha$ -cholest-8-en-3 $\beta$ -ol, 14 $\alpha$ -hydroxymethyl-5 $\alpha$ -cholest-7-en-3 $\beta$ -ol, and 14 $\alpha$ -hydroxymethyl-5 $\alpha$ -cholest-6-en-3 $\beta$ -ol. These compounds were obtained in pure form after repeated medium-pressure column chromatography of the mixture obtained by treatment of 3 $\beta$ -acetoxo-7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-5 $\alpha$ -cholestane with pyridine hydrochloride in refluxing acetic anhydride followed by reduction with lithium aluminum hydride. The compounds were characterized by their chromatographic properties and by the results of infrared, optical rotation, nuclear magnetic resonance, and low and high resolution mass spectral studies.—Pascal, R. A., Jr., R. Shaw, and G. J. Schroepfer, Jr. Chemical syntheses of three 14 $\alpha$ -hydroxymethyl cholestenols. *J. Lipid Res.* 1979. **20**: 570–578.

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The enzymatic conversion of lanosterol (4 $\alpha$ ,4 $\beta$ ,14 $\alpha$ -trimethyl-cholesta-8,24-dien-3 $\beta$ -ol)<sup>4</sup> to cholesterol involves three general events: the removal of the three “extra” methyl groups at carbon atoms 4 and 14 of lanosterol, the reduction of the  $\Delta^{24}$ -double bond, and the “shift” of the  $\Delta^8$ -nuclear double bond in lanosterol to the  $\Delta^5$ -position in cholesterol. The overall conversion of lanosterol to cholesterol involves a very large number of potential intermediates (1–4). These potential intermediates can show structural variations due to the presence or absence of the  $\Delta^{24}$ -double bond in the side chain, variations in the order of removal of the extra methyl groups (carbon atoms 30, 31, and 32), variability with respect to the state of oxidation at carbon atom 3 (3-one or 3 $\beta$ -ol), possible hydroxylated intermediates, potential nuclear double bond variants ( $\Delta^8$ ,  $\Delta^{8(14)}$ ,  $\Delta^7$ ,  $\Delta^5$ ,  $\Delta^{8,14}$ ,  $\Delta^{7,14}$ ,  $\Delta^{7,9(11)}$ , and  $\Delta^{5,7}$ ), and variations due to intermediate oxidation states in the enzymatic removal of a given methyl group. With respect to the latter point, it has generally been considered that the first step in the enzymatic removal of each of the extra methyl groups of lanosterol is an oxidation to give the corresponding hydroxymethyl compound

(1–7). For studies relative to the mechanisms involved in the enzymatic removal of the 14 $\alpha$ -methyl group of cholesterol precursors and for studies of the regulation of sterol biosynthesis, we have pursued the syntheses of a number of 14 $\alpha$ -hydroxymethyl cholestenols. The primary purpose of this communication is to describe the chemical syntheses and properties of 14 $\alpha$ -hydroxymethyl-cholest-6-en-3 $\beta$ -ol, 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol, and 14 $\alpha$ -hydroxymethyl-cholest-8-en-3 $\beta$ -ol. A preliminary account of the syntheses of the former two sterols has been published (8).<sup>5</sup> 14 $\alpha$ -Hydroxymethyl-cholest-7-en-3 $\beta$ -ol has been reported to be convertible to cholesterol upon incubation with rat liver homogenate preparations (12).<sup>5</sup> 14 $\alpha$ -Hydroxymethyl-cholest-6-en-3 $\beta$ -ol and 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol have recently been found to be potent inhibitors of the synthesis of digitonin-precipitable sterols from labeled acetate in L cells (mouse fibroblasts) and in primary cultures of fetal mouse liver cells and to reduce the levels of 3-hydroxy-3-methylglutaryl coenzyme A reductase activity in these cells (8).

## EXPERIMENTAL PROCEDURES AND RESULTS

### General procedures

Melting points were recorded on a Thomas Hoover melting point apparatus or, if the quantity of material available was very small, on a Fisher-Johns melting point apparatus. Infrared (IR) spectra were

Abbreviations: IR, infrared; TLC, thin-layer chromatography; GLC, gas-liquid chromatography; MS, mass spectrometry; NMR, nuclear magnetic resonance.

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<sup>4</sup> The configuration of the hydrogen at carbon atom 5 in the various sterols mentioned in this paper is  $\alpha$ . The designation of the configuration as 5 $\alpha$  has been omitted throughout the text to conserve space.

<sup>5</sup> These results have also been presented at three symposia (9–11).

recorded on a Beckman IR-9 spectrometer using KBr pellets. Nuclear magnetic resonance (NMR) spectra were determined on  $\text{CDCl}_3$  solutions of the sterols on a Perkin-Elmer Model HR-12 spectrometer at 60 MHz or on a Varian EM-390 spectrometer at 90 MHz using tetramethylsilane (TMS) as an internal standard. Peaks are reported as ppm ( $\delta$ ) downfield from the TMS standard. Low-resolution mass spectra (MS) were recorded on a CEC Model 110-B spectrometer or on an LKB-9000S spectrometer. High-resolution mass spectral measurements were made on a Varian CH-5 spectrometer (courtesy of Dr. C. C. Sweeley). Optical rotations were measured on a JASCO DIP-4 digital polarimeter on chloroform solutions of the sterols. Gas-liquid chromatographic (GLC) analyses were made using a Hewlett-Packard Model 402 unit equipped with dual flame ionization detectors. All-glass columns (6 ft  $\times$   $\frac{1}{8}$  in) packed with either 1% QF-1, 3% OV-1, or 3% OV-17 on Gas Chrom Q (100–120 mesh) were used. The preparation of trimethylsilyl derivatives of the sterols was carried out as described previously (13). Analyses by combined GLC-MS were made using a 3% OV-1 column and an LKB-9000S spectrometer. Operating conditions for the mass spectrometer were as described previously (14). Analytical thin-layer chromatographic (TLC) analyses were carried out on pre-coated silica gel G or silica gel GF plates (7.5  $\times$  2.0 cm or 20  $\times$  10 cm; Analtech, Newark, DE). Components on the plates were detected after spraying with molybdc acid (15). Preparative TLC was carried out on precoated plates of silica gel PF<sub>254+366</sub>. Components on preparative plates were detected as fluorescent bands under ultraviolet light after spraying with a solution of Rhodamine 6G in acetone.

### Materials

Dioxane and tetrahydrofuran were refluxed over sodium for several days under dry nitrogen (purified by passage through Fehling's solution and Drierite) and then distilled under the same inert atmosphere into a reaction flask as needed. Hexamethylphosphoramide was distilled from potassium hydroxide. 2-Propylamine and *n*-butyl bromide were distilled prior to use. Potassium *t*-butoxide was purified by sublimation and stored in a desiccator. Sodium hydride (50% in oil) was washed thoroughly with ether immediately prior to use. Anhydrous ethylamine was prepared by treating 70% ethylamine in water with  $\frac{1}{2}$  its weight of sodium hydroxide pellets. The ethylamine was distilled off and stored over molecular sieves (Linde type 3A). Prior to use, the ethylamine was dried overnight over anhydrous magnesium sulfate. Chloromethyl benzyl ether was

prepared as described by Rieche and Gross (16) and phenyl formate was prepared according to van Es and Stevens (17). Lithium diisopropylamide was prepared according to House et al. (18) except that *n*-butyl lithium was used in place of methyl lithium. Trityllithium was prepared according to Tombouliau and Stehower (19).  $3\beta$ -Benzoyloxy-5 $\alpha$ -cholest-8(14)-en-15-one (I) (see Fig. 1) was prepared by a modification (20) of the method described by Knight, Klein, and Szczepanik (21). 5 $\alpha$ -Cholest-8(14)-en-3 $\beta$ -ol-15-one (II; single component on TLC; solvent system, ethyl acetate-benzene 1:2) was prepared from the corresponding 3 $\beta$ -benzoate ester by a slight modification of a procedure described previously (22).  $3\beta$ -Benzoyloxy-14 $\alpha$ -methyl-cholest-7-en-15-one (III) was prepared by a modification (23) of the method of Knight et al. (21) and Woodward et al. (24).

### $3\beta$ -Tetrahydropyranloxy-cholest-8(14)-en-15-one (IV)

$3\beta$ -Hydroxy-cholest-8(14)-en-15-one (0.42 g) was swirled in a mixture of concentrated hydrochloric acid ( $\sim 10 \mu\text{l}$ ) and dihydropyran (2 ml) until complete solution occurred. After standing at room temperature for 24 hr the mixture was evaporated to dryness and the residue was dissolved in ether. The resulting ether solution was washed successively with a saturated solution of sodium bicarbonate and water, dried over anhydrous magnesium sulfate, and evaporated to dryness. Crystallization from 90% ethanol gave colorless needles (0.458 g; 90% yield) which showed, on TLC analysis (solvent, ethyl acetate-benzene 1:19), two spots of equal intensity ( $R_f$  0.36 and 0.44); NMR, 0.70 (s, 3H, C-18- $\text{CH}_3$ ), 0.96 (s, 3H, C-19- $\text{CH}_3$ ), 3.59 (m, 3H, C-3-H and 6'-H's of pyranil residue), 4.10 (m, 1H, C-7-H), and 4.69 (m, 1H, 2'-H of pyranil residue); MS, 484 (M; 35%), 400 (M - pyranil group; 28%), 382 (M - pyranil group -  $\text{H}_2\text{O}$ ; 4%), 367 (M - pyranil group -  $\text{H}_2\text{O}$  -  $\text{CH}_3$ ; 8%), and 55 (100%).

### Attempts at direct introduction of benzyloxymethyl and formyl groups at carbon atom 14

Attempts at alkylation of  $3\beta$ -benzyloxy-cholest-8(14)-en-15-one with chloromethyl benzyl ether in dioxane using either sodium hydride, trityllithium, or lithium diisopropylamide as base under a variety of conditions were unsuccessful. An attempt at formylation of  $3\beta$ -benzyloxy-cholest-8(14)-en-15-one in tetrahydrofuran with phenyl formate using potassium *t*-butoxide as base was similarly unsuccessful, as was an attempt to alkylate  $3\beta$ -tetrahydropyranloxy-cholest-8(14)-en-15-one with chloromethyl benzyl ether using *n*-butyl magnesium bromide as base.

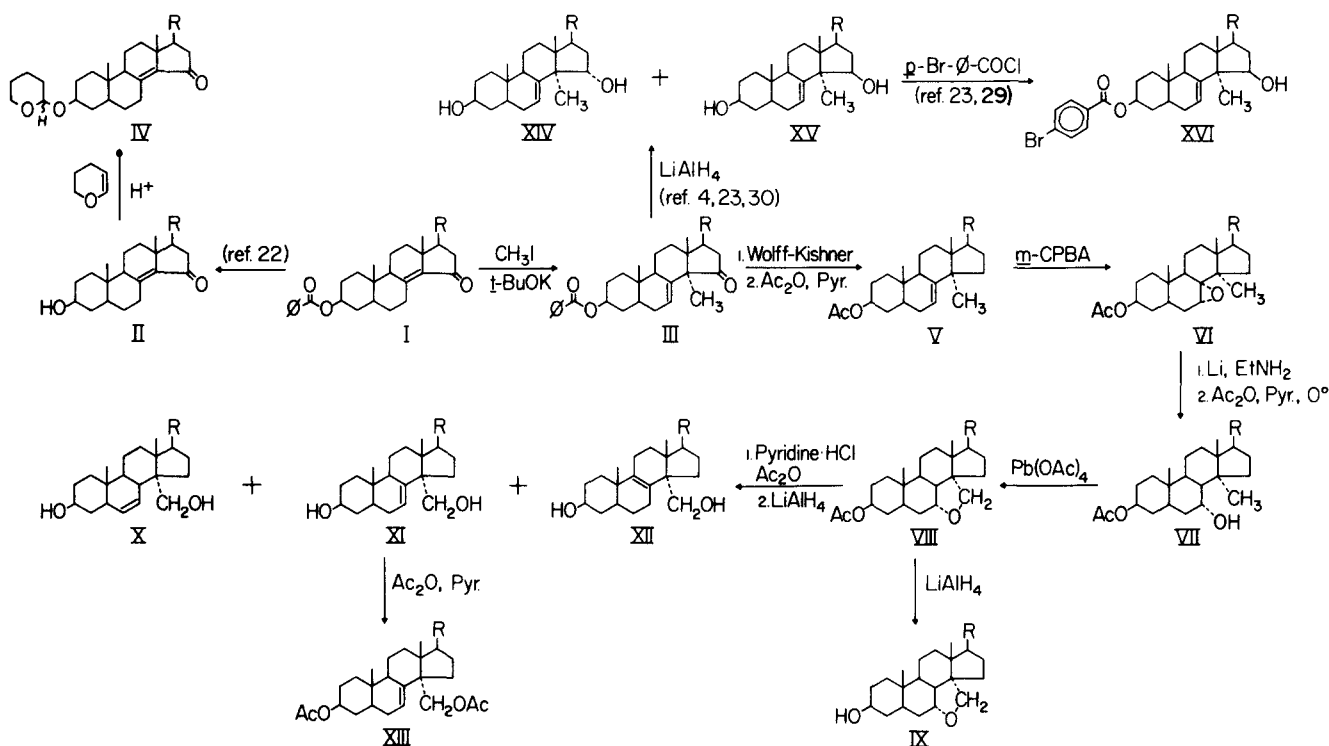


Fig. 1. Synthesis and stereochemical interrelationships of 14 $\alpha$ -hydroxymethyl sterols.

### 3 $\beta$ -Acetoxy-14 $\alpha$ -methyl-cholest-7-ene (V)

A modification<sup>6</sup> of the procedure of Knight et al. (21) was used to prepare 3 $\beta$ -acetoxy-14 $\alpha$ -methyl-cholest-7-ene in 96% yield, mp 95.5–96.5°C (lit. 95–96°C (24) and 96–97°C (21)); IR,  $\nu_{\max}$  2960, 1730, 1474, 1385, 1249, and 1029  $\text{cm}^{-1}$ ; NMR, 0.65 (s, 3H, C-18-CH<sub>3</sub>), 0.82 (s, 3H, C-19-CH<sub>3</sub>), 0.97 (s, 3H, C-32-CH<sub>3</sub>), 1.99 (s, 3H, methyl of acetoxy function), 4.69 (m, 1H, C-3-H), and 5.15 (m, 1H, C-7-H); MS, 442 (M; 20%), 427 (M - CH<sub>3</sub>; 100%), 367 (M - CH<sub>3</sub> - CH<sub>3</sub>COOH; 71%), 242 (20%), 227 (30%), and 201 (18%). The compound showed a single component on GLC (3% OV-17; 270°C).

### 3 $\beta$ -Acetoxy-7 $\alpha$ ,8 $\alpha$ -epoxy-14 $\alpha$ -methyl-cholestane (VI)

A modification of the procedure of Knight, Belle-tire, and G. R. Pettit (25) was used to prepare 3 $\beta$ -acetoxy-7 $\alpha$ ,8 $\alpha$ -epoxy-14 $\alpha$ -methyl-cholestane in 92% yield, mp 98–100°C (lit. 101–102°C (25)); IR,  $\nu_{\max}$  2965, 1739, 1469, 1363, 1247, and 1029  $\text{cm}^{-1}$ ; NMR,

0.81 (s, 3H, C-18-CH<sub>3</sub>), 0.86 (s, 3H, C-19-CH<sub>3</sub>), 1.05 (s, 3H, C-32-CH<sub>3</sub>) (lit., 1.06 (C-32-CH<sub>3</sub>) (25)), 1.99 (s, ~3H, methyl of acetoxy function), 3.35 (m, 1H, C-7-H) (lit., 3.3 (7-H) (25)), and 4.67 (m, 1H, C-3-H); MS, 458 (M; 10%), 443 (M - CH<sub>3</sub>; 5%), 440 (M - H<sub>2</sub>O; 6%), 365 (M - CH<sub>3</sub> - H<sub>2</sub>O - CH<sub>3</sub>COOH; 4%), 304 (5%), and 120 (100%). The purified compound showed a single component on TLC analysis (solvent, ethyl acetate-benzene 1:19) with an  $R_f$  value of 0.35.

### 3 $\beta$ -Acetoxy-14 $\alpha$ -methyl-cholestan-7 $\alpha$ -ol (VII)

3 $\beta$ -Acetoxy-14 $\alpha$ -methyl-cholestan-7 $\alpha$ -ol was prepared in 62.5% overall yield from 3 $\beta$ -acetoxy-7 $\alpha$ ,8 $\alpha$ -epoxy-14 $\alpha$ -methyl-cholestane by a modification of the two-step procedure of Knight et al. (25) The product melted at 159–160°C (lit. 156–158°C (25)); IR,  $\nu_{\max}$  3495, 2955, 1718, 1469, 1376, 1277, and 1029  $\text{cm}^{-1}$ ; MS, 460 (M; 5%), 442 (M - H<sub>2</sub>O; 16%), 427 (M - H<sub>2</sub>O - CH<sub>3</sub>; 37%), 367 (M - H<sub>2</sub>O - CH<sub>3</sub> - CH<sub>3</sub>COOH; 30%), 305 (55%), 302 (100%), 274 (31%), 236 (45%), 227 (35%), 220 (85%), and 202 (32%); NMR, 0.75 (s, 3H, C-18-CH<sub>3</sub>), 0.89 (s, 3H, C-19-CH<sub>3</sub>), 1.09 (s, 3H, C-32-CH<sub>3</sub>), 1.99 (s, 3H, methyl of acetoxy function), 3.98 (m, 1H, C-7-H), and 4.72 (m, 1H, C-3-H). Analysis by TLC (silica gel, 10% ether in benzene) showed a single component ( $R_f$  0.41).

<sup>6</sup> In the past, in our laboratory and in others, this Wolff-Kishner reduction has been performed with only mixed success. However, overall yields consistently in excess of 95% can be obtained by scrupulous exclusion of water from the reaction mixture. We should be pleased to supply any inquirers with a copy of our procedure and a diagram of the apparatus used for carrying out this reaction.

### 3 $\beta$ -Acetoxy-7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-cholestane (VIII)

A slight modification of the procedure of Knight et al. (25) was used to prepare 3 $\beta$ -acetoxy-7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-cholestane in 49% yield, mp 136–137°C (lit. 133–134°C (25)); IR,  $\nu_{\max}$  2955, 1743, 1473, 1372, 1241, and 1029 cm<sup>-1</sup>; MS, 458 (M; 3%), 443 (M - CH<sub>3</sub>; 3%), 427 (82%), 413 (12%), 367 (34%), 353 (11%), 345 (M - side chain; 12%), 313 (100%), 255 (14%), 253 (17%), 229 (12%), and 213 (14%); NMR, 0.75 (s, 3H, C-18-CH<sub>3</sub>), 0.88 (s, 3H, C-19-CH<sub>3</sub>), 1.98 (s, 3H, methyl of acetoxy function), 3.35 (d, 1H, C-32-H; J = 7.5 Hz), 3.99 (d, 1H, C-32-H; J = 7.5 Hz), 4.06 (m, 1H, C-7-H), and 4.69 (m, 1H, C-3-H). The compound showed a single component on TLC (solvent, 5% ether in benzene; *R<sub>f</sub>* 0.25).

### 7 $\alpha$ ,32-Epoxy-14 $\alpha$ -methyl-cholestan-3 $\beta$ -ol (IX)

To 3 $\beta$ -acetoxy-7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-cholestane (11 mg) in ether (10 ml) was added lithium aluminum hydride (70 mg). After standing 1 hr at room temperature, ice, water, and 4 N HCl were successively added to decompose the excess hydride. The resulting mixture was extracted with ether and the combined extracts were evaporated to dryness under nitrogen to give a white crystalline residue (~10 mg) which showed one component on TLC (solvent, benzene-ether 3:2). This material was dissolved in CDCl<sub>3</sub> and the NMR spectrum was recorded: 0.74 (s, 3H, C-18-CH<sub>3</sub>), 0.88 (s, 3H, C-19-CH<sub>3</sub>), 3.36 (d, 1H, C-32-H; J = 7.5 Hz), 3.60 (m, 1H, C-3-H), 4.00 (d, 1H, C-32-H; J = 7.5 Hz), and 4.07 (m, 1H, C-7 $\beta$ -H). The residue obtained upon evaporation of the solvent was recrystallized from acetone-water to give 7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-cholestan-3 $\beta$ -ol (5.1 mg) as crystals which, upon heating to 116–119°C, first softened, became transparent, and then solidified. Upon further heating the compound melted at 140–142°C; IR,  $\nu_{\max}$  3370, 2945, 1472, 1381, 1052, 1023, 981, and 820 cm<sup>-1</sup>; MS, 416 (M; 3%), 401 (M - CH<sub>3</sub>; 3%), 386 (M - CH<sub>2</sub>O; 53%), 385 (M - CH<sub>2</sub>OH; 90%), 371 (M - CH<sub>2</sub>O - CH<sub>3</sub>; 17%), 367 (M - CH<sub>2</sub>OH - H<sub>2</sub>O; 18%), 303 (M - side chain; 13%), 273 (16%), and 271 (100%); high resolution MS, 416.3640 (calc. for C<sub>28</sub>H<sub>49</sub>O<sub>2</sub>: 416.3654). Analysis by TLC (solvent, 50% ether in benzene) showed a single component (*R<sub>f</sub>* 0.20). Analysis by GLC of the trimethylsilyl ether derivative (3% OV-17) indicated the purity to be in excess of 99%. At 260°C the compound had a retention time (relative to cholestane) of 4.93. The trimethylsilyl ether derivative showed the following prominent ions on analysis by GLC-MS: 488 (M; 4%), 473 (M - CH<sub>3</sub>; 25%), 458 (M - CH<sub>2</sub>O;

76%), 457 (M - CH<sub>2</sub>OH; 100%), 443 (M - CH<sub>2</sub>O - CH<sub>3</sub>; 10%), 367 (M - CH<sub>2</sub>OH - trimethylsilanol; 79%), 353 (M - CH<sub>2</sub>O - CH<sub>3</sub> - trimethylsilanol; 24%), and 343 (94%).

### 14 $\alpha$ -Hydroxymethyl-cholest-6-en-3 $\beta$ -ol (X), 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol (XI), and 14 $\alpha$ -hydroxymethyl-cholest-8-en-3 $\beta$ -ol (XII)

3 $\beta$ -Acetoxy-7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-cholestane (475 mg; 1.04 mmol) was heated under reflux with pyridine hydrochloride (900 mg) and acetic anhydride (20 ml) for 5 hr under nitrogen. After cooling to room temperature, water (20 ml) was added. After standing for 2 hr at room temperature, the mixture was diluted with water and extracted three times with ether (100-ml portions). The combined extracts were washed successively with 2.5% HCl, water, a saturated solution of sodium carbonate, and water, dried over anhydrous magnesium sulfate, and evaporated to dryness under reduced pressure. To the resulting white solid in ether was added lithium aluminum hydride (600 mg). After standing 20 min at room temperature, ice and a 2.5% HCl solution were successively added and the resulting mixture was extracted three times with ether (100-ml portions). The combined extracts were successively washed with water, a saturated solution of sodium bicarbonate, and water, dried over anhydrous magnesium sulfate, and evaporated to dryness under reduced pressure. Analysis by TLC (solvent, 50% U.S.P. ether in benzene) showed three components (*R<sub>f</sub>* values of 0.32, 0.27, and 0.23). The mixture was subjected to medium-pressure silica gel (Woelm; 0.032–0.063 mm) column (100 × 1.5 cm) chromatography using a mixture of ether and benzene (2:3) as the eluting solvent at a flow rate of 3.1 ml per min. At fraction 68 the eluting solvent was changed to a mixture of ether and benzene (1:1). Fractions of 12.4 ml in volume were collected.

The contents of fractions 75–98 were pooled and, after evaporation of the solvent, recrystallized from acetone to give 14 $\alpha$ -hydroxymethyl-cholest-6-en-3 $\beta$ -ol (58 mg; 13% yield). Examination by TLC indicated a trace of contamination by material of *R<sub>f</sub>* 0.27. The product was subjected to further purification on a silica gel (60–200 mesh) column (45 × 1.0 cm) using benzene-ether 3:2 as the eluting solvent. The purified product, crystallized from acetone, melted at 204–205°C, IR,  $\nu_{\max}$  3320, 2920, 1460, 1373, 1050, 1029, and 752 cm<sup>-1</sup>; NMR, 0.82 (s, 3H, C-19-CH<sub>3</sub>), 0.92 (s, 3H, C-18-CH<sub>3</sub>), 3.46 (d, 1H, C-32-H; J = 12 Hz), 3.65 (m, 1H, C-3-H), 4.19 (d, 1H, C-32-H; J = 12 Hz), 5.35 (d, 1H, C-7-H; J = 10 Hz), and 5.76 (d, 1H, C-6-H; J = 10 Hz); [ $\alpha$ ]<sub>D</sub> -42° (c. 0.06);

MS, 416 (M; 1%), 398 (M - H<sub>2</sub>O; 41%), 385 (M - CH<sub>2</sub>OH; 100%), 367 (M - H<sub>2</sub>O - CH<sub>2</sub>OH; 57%), 365 (13%), 259 (21%), 245 (10%), 231 (12%), 230 (16%), 227 (15%), 220 (11%), 213 (14%), and 207 (12%); high resolution MS on ion at *m/e* 385, 385.3459 (calc. for C<sub>27</sub>H<sub>45</sub>O: 385.3470). The compound showed a single component on TLC (solvent, ether-benzene 1:1; *R<sub>f</sub>* 0.25). The *bis*-trimethylsilyl ether derivative showed a single compound on GLC (3% OV-1; 255°C) with a retention time (relative to cholestane) of 2.73. The trimethylsilyl derivative showed the following prominent ions on GLC-MS analysis: 560 (M; 0.8%), 545 (M - CH<sub>3</sub>; 4%), 470 (M - trimethylsilanol; 74%), 457 (M - CH<sub>2</sub>OSi(CH<sub>3</sub>)<sub>3</sub>; 38%), 380 (M - trimethylsilanol - trimethylsilanol; 45%), and 367 (M - CH<sub>2</sub>OSi(CH<sub>3</sub>)<sub>3</sub> - trimethylsilanol; 100%).

The contents of fractions 99-118 and 119-188 (from the initial medium-pressure column) were pooled separately and each was further purified by three additional medium-pressure runs. Ultimately, pure material corresponding to 14 $\alpha$ -hydroxymethyl-cholest-8-en-3 $\beta$ -ol and 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol was obtained.

The former material was recrystallized from acetone to give 14 $\alpha$ -hydroxymethyl-cholest-8-en-3 $\beta$ -ol (68 mg; 16% yield) melting at 198-200°C; IR,  $\nu_{\max}$  3310, 2915, 1462, 1369, 1048, and 1017 cm<sup>-1</sup>; NMR, 0.70 (s, 3H, C-18-CH<sub>3</sub>), 0.98 (s, 3H, C-19-CH<sub>3</sub>), 3.19 (d, 1H, C-32-H; *J* = 11 Hz), ~3.60 (m, 1H, C-3-H), and 3.62 (d, 1H, C-32-H; *J* = 11 Hz); [ $\alpha$ ]<sub>D</sub> +77° (*c.* 0.39); MS, 416 (M; 0.2%), 398 (M - H<sub>2</sub>O; 6%), 385 (M - CH<sub>2</sub>OH; 100%), 367 (M - H<sub>2</sub>O - CH<sub>2</sub>OH; 10%), 285 (11%), 273 (10%), 231 (14%), and 213 (12%), high resolution MS on ion at *m/e* 398, 398.3420 (calc. for C<sub>27</sub>H<sub>47</sub>O<sub>2</sub>: 398.3458). The compound showed a single component on TLC (solvent, ether-benzene 1:1; *R<sub>f</sub>* 0.20). The trimethylsilyl ether derivative showed a single component on analysis by GLC (3% OV-1, 255°C). The trimethylsilyl derivative showed the following prominent ions on GLC-MS analysis: 560 (M; 0.2%), 545 (M - CH<sub>3</sub>; 8%), 470 (M - trimethylsilanol; 3%), 458 (M - CHOSi(CH<sub>3</sub>)<sub>3</sub>; 80%), 457 (M - CH<sub>2</sub>OSi(CH<sub>3</sub>)<sub>3</sub>; 100%), and 367 (M - CH<sub>2</sub>OSi(CH<sub>3</sub>)<sub>3</sub> - trimethylsilanol; 94%).

The latter material from the repeated column chromatography was recrystallized from acetone to yield 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol (185 mg; 43% yield) melting at 185-186°C (no change in mp upon recrystallization from methanol); IR,  $\nu_{\max}$  3310, 2910, 1463, 1373, and 1040 cm<sup>-1</sup>; NMR, 0.73 (s, 3H, C-18-CH<sub>3</sub>), 0.83 (s, 3H, C-19-CH<sub>3</sub>), 3.22 (dd, 1H, C-32-H; *J* = 10 Hz, 10 Hz; collapsed to d, 1H, *J* = 10 Hz on exchange with D<sub>2</sub>O), 3.56 (m, 1H, C-3-H), 3.66 (d, 1H, C-32-H; *J* = 10 Hz), and 5.30 (m, 1H,

C-7-H); [ $\alpha$ ]<sub>D</sub> +18.6° (*c.* 0.42); MS, 416 (M; 2%), 401 (M - CH<sub>3</sub>; 2%), 398 (M - H<sub>2</sub>O; 1%), 385 (M - CH<sub>2</sub>OH; 100%), and 367 (M - CH<sub>2</sub>OH - H<sub>2</sub>O; 44%); high resolution MS on ion at *m/e* 385, 385.3443 (calc. for C<sub>27</sub>H<sub>45</sub>O: 385.3470). The compound showed a single component on TLC (silica gel G; ether-benzene 1:1; *R<sub>f</sub>* 0.17) and on GLC (3% OV-1; 255°C) of the trimethylsilyl derivative with a retention time (relative to cholestane) of 2.76. The trimethylsilyl derivative showed the following prominent ions on GLC-MS analysis: 560 (M; 0.5%), 545 (M - CH<sub>3</sub>; 9%), 470 (M - trimethylsilanol; 24%), 458 (M - CHOSi(CH<sub>3</sub>)<sub>3</sub>; 92%), 457 (M - CH<sub>2</sub>OSi(CH<sub>3</sub>)<sub>3</sub>; 100%), and 367 (M - CH<sub>2</sub>OSi(CH<sub>3</sub>)<sub>3</sub>; 94%).

### 3 $\beta$ -Acetoxy-14 $\alpha$ -acetoxyethyl-cholest-7-ene (XIII)

14 $\alpha$ -Hydroxymethyl-5 $\alpha$ -cholest-7-en-3 $\beta$ -ol (20 mg; 0.048 mmol) was treated with acetic anhydride (1.5 ml) in pyridine (1.5 ml) for 3 hr at 50°C. The residue obtained upon evaporation of the solvent under reduced pressure was dissolved in benzene (2 ml) and subjected to chromatography on an activated silicic acid column (0.7 × 20 cm; Unisil; Clarkson Chemical Company) using 2.5% ether in benzene as the eluting solvent. Fractions 6 ml in volume were collected. The contents of fractions 6-11 were pooled and, after evaporation of the solvent under reduced pressure, recrystallized from acetone-water to give 3 $\beta$ -acetoxy-14 $\alpha$ -acetoxyethyl-cholest-7-ene (13 mg; 54% yield) melting at 103.5-104.5°C (lit. 103-105°C (25)); [ $\alpha$ ]<sub>D</sub> +18° (*c.* 0.2) (lit. +18.7° (25)); IR,  $\nu_{\max}$  2955, 1743, 1470, 1380, 1250, and 1038 cm<sup>-1</sup>; MS, 500 (M; 0.2%), 440 (M - CH<sub>3</sub>COOH; 10%), 427 (M - CH<sub>2</sub>OOCCH<sub>3</sub>; 100%), 380 (M - CH<sub>3</sub>COOH - CH<sub>3</sub>COOH; 3%), 367 (M - CH<sub>3</sub>COOH - CH<sub>2</sub>OOCCH<sub>3</sub>; 50%), and 327 (M - CH<sub>3</sub>COOH - side chain; 32%); NMR, 0.71 (s, 3H, C-18-CH<sub>3</sub>), 0.82 (s, 3H, C-19-CH<sub>3</sub>), 1.95 (s, 3H, methyl of acetoxy function), 1.99 (s, 3H, methyl of acetoxy function), 3.71 (d, 1H, C-32-H; *J* = 11 Hz), 4.56 (d, 1H, C-32-H; *J* = 11 Hz), 4.65 (m, 1H, C-3-H), and 5.14 (m, 1H, C-7-H). The compound showed a single component on TLC (solvent, 5% ether in benzene; *R<sub>f</sub>* = 0.42). Analysis by GLC (3% OV-17, 280°C) indicated one major component (98.6%) with a retention time (relative to cholestane) of 7.2.

## DISCUSSION

Our initial efforts towards the syntheses of 14 $\alpha$ -hydroxymethyl-substituted cholestenols were based upon attempts to alkylate 3 $\beta$ -benzoyloxy-cholest-8(14)-en-15-one (I) or 3 $\beta$ -tetrahydropyranyloxy-cholest-8(14)-en-15-one (IV) with chloromethyl benzyl

ether in the presence of a number of bases under a variety of conditions. These attempts were unsuccessful, as were attempts at formylation of I with phenyl formate. We thereupon directed our efforts towards a method, described in preliminary form by Fried et al. (26, 27), for the synthesis of 14 $\alpha$ -hydroxymethyl-4,4-dimethyl-cholest-7-en-3 $\beta$ -ol. This approach is outlined in Fig. 1 for the cases of the 14 $\alpha$ -hydroxymethyl cholestenols. A key intermediate in this approach is a 7 $\alpha$ ,32-epoxide. Fried, Brown, and Borkenhagen (26) reported that formation of this tetrahydrofuran ring system could be effected by treatment of the 14 $\alpha$ -methyl-7 $\alpha$ -hydroxysterol derivative with lead tetraacetate and that acetylytic cleavage of the tetrahydrofuran ring system to give the corresponding  $\Delta^7$ -32-acetoxy derivative could be effected by treatment of the epoxide with acetic anhydride and pyridine hydrochloride. Knight et al. (25), using this general approach, described the preparation of 3 $\beta$ -acetoxy-7 $\alpha$ ,32-epoxy-cholestane (VIII). These workers reported that treatment of the epoxide (VIII) with acetic anhydride and pyridine hydrochloride gave a complex mixture from which 3 $\beta$ -acetoxy-14 $\alpha$ -acetoxy-methyl-cholest-7-ene (XIII) was isolated in low yield. The latter compound was characterized by its melting point, optical rotation, and by the results of NMR, mass spectral, and elemental analyses. Akhtar et al. (28) have recently reported that treatment of 3 $\beta$ -acetoxy-7 $\alpha$ ,32-epoxy-5 $\alpha$ -lanostane with pyridine hydrochloride in refluxing acetic anhydride gave, after base hydrolysis, a mixture of dihydroxysterols. These workers reported isolation of 5 $\alpha$ -lanost-6-en-3 $\beta$ ,32-diol, 5 $\alpha$ -lanost-7-en-3 $\beta$ ,32-diol, and 5 $\alpha$ -lanost-8-en-3 $\beta$ ,32-diol upon repeated TLC. The compounds in question were characterized by their melting points and optical rotations and by the results of NMR and, in the case of the latter two sterols, by low-resolution MS analyses.

The basic synthetic scheme used in the present study is outlined in Fig. 1. The ultimate starting material for this synthesis is the  $\Delta^{8(14)}$ -15-ketosteroyl benzoate (I). 3 $\beta$ -Benzoyloxy-14 $\alpha$ -methyl-cholest-7-ene (III) was prepared from I by a modification (23) of the method described by Knight et al. (21) and Woodward et al. (24). That the alkylation proceeds to yield the 14 $\alpha$ -methyl compound (i.e., *trans* C-D ring junction) has been unequivocally established by x-ray crystallographic analysis (23, 29) of the 3 $\beta$ -*p*-bromobenzoate derivative (XVI) of 14 $\alpha$ -methyl-cholest-7-en-3 $\beta$ ,15 $\beta$ -diol (XV), one of the two epimeric (at C-15) diols (XIV and XV) obtained upon lithium aluminum hydride reduction of the corresponding ketone (III). Pure 3 $\beta$ -acetoxy-14 $\alpha$ -methyl-cholest-7-ene (V) was obtained from III in very high

yield (96%) by a modification of the procedure of Knight et al. (21). Treatment of the 14 $\alpha$ -methyl- $\Delta^7$ -steroyl acetate with *m*-chloroperbenzoic acid gave the 7 $\alpha$ ,8 $\alpha$ -epoxide (VI) whose physical and spectral properties were in good agreement with those reported by Knight et al. (25). Reduction of the 7 $\alpha$ ,8 $\alpha$ -epoxide (VI) with lithium and ethylamine gave 3 $\beta$ -acetoxy-14 $\alpha$ -methyl-cholestan-7 $\alpha$ -ol (VII) which was obtained in pure form by a modification of the procedure of Knight et al. (25). Treatment of VII with lead tetraacetate, by a modification of the conditions described by Knight et al. (25), gave pure 3 $\beta$ -acetoxy-7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-cholestane (VIII) which was fully characterized as such and, after reduction with lithium aluminum hydride, as the free sterol (IX). Treatment of VIII with pyridine hydrochloride in refluxing acetic anhydride gave, after standard processing, a crude product which was reduced with lithium aluminum hydride in ether. The resulting product was shown by TLC to be a mixture of three components. Repeated medium-pressure silica gel column chromatography gave 14 $\alpha$ -hydroxymethyl-cholest-6-en-3 $\beta$ -ol (X), 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol (XI), and 14 $\alpha$ -hydroxymethyl-cholest-8-en-3 $\beta$ -ol (XII) in yields of 13%, 43%, and 16%, respectively. Each of the three sterols was characterized by its melting point and optical rotation, and by the results of IR, NMR, and low and high resolution mass spectral analyses. Each of the sterols was shown to possess two hydroxyl functions by the results of GLC-MS analysis of its trimethylsilyl ether derivative.

The locations of the nuclear double bonds were established by the results of the NMR and optical rotation studies. The presence of a  $\Delta^6$ -nuclear double bond in X was indicated by the presence, in the NMR spectrum, of two olefinic proton resonances which formed an AX spin system ( $J_{AX} = 10$  Hz). The presence of a  $\Delta^7$ -double bond in XI was indicated by the single olefinic proton resonance in its NMR spectrum, and the presence of a  $\Delta^8$ -double bond in XII was suggested by the absence of any olefinic proton resonances in its NMR spectrum. These assignments were further supported by the positions of the C-18 and C-19 methyl resonances in the NMR spectra of these compounds (Table 1). 14 $\alpha$ -Hydroxymethyl-cholest-7-en-3-one was prepared by oxidation of the 3 $\beta$ -hydroxyl function of XI using cholesterol oxidase.<sup>7</sup> Comparison of the NMR spectra of XI and the 3-ketosterol in the light of Zurcher's tables (31) allowed unambiguous assignment of their angular methyl group resonances. Then, by using

<sup>7</sup> G. J. Schroepfer, E. J. Parish, R. A. Pascal, Jr., and A. A. Kandutsch. Manuscript in preparation.

TABLE 1. C-18 and C-19 methyl group resonances for 14 $\alpha$ -hydroxymethyl sterols

Compound	C-18		C-19	
	$\delta_{\text{obs.}}$	$\delta_{\text{calc.}}$	$\delta_{\text{obs.}}$	$\delta_{\text{calc.}}$
14 $\alpha$ -Hydroxymethyl-cholest-7-en-3 $\beta$ -ol (XI)	0.70		0.835	
14 $\alpha$ -Hydroxymethyl-cholest-7-en-3-one	0.75	0.76	1.05	1.04
14 $\alpha$ -Hydroxymethyl-cholest-6-en-3 $\beta$ -ol (X)	0.92	0.90	0.82	0.82
14 $\alpha$ -Hydroxymethyl-cholest-8-en-3 $\beta$ -ol (XII)	0.70	0.76	0.98	0.97
4,4-Dimethyl-14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol (28)	0.72		0.91	
4,4-Dimethyl-14 $\alpha$ -hydroxymethyl-cholest-8-en-3 $\beta$ -ol (28)	0.71	0.76	1.04	1.03

Zurcher's tables and the angular methyl group resonances of XI as a base, it was possible to calculate the expected C-18 and C-19 methyl group resonances for the remaining 14 $\alpha$ -hydroxymethyl sterols. The data presented in Table 1 show that the calculated and observed values for these resonances were in close agreement, thus supporting the nuclear double bond assignments. The only significant discrepancy observed was that between the calculated ( $\delta$  0.76) and observed ( $\delta$  0.70) values for the C-18 methyl group resonance of XII. The data of Akhtar et al. (28) show a similar discrepancy between the calculated ( $\delta$  0.76) and observed ( $\delta$  0.71) values for the C-18 methyl group resonance of 4,4-dimethyl-14 $\alpha$ -hydroxymethyl-cholest-8-en-3 $\beta$ -ol (Table 1). This small, but significant, discrepancy probably reflects the limitations of applying the purely empirical Zurcher tables to 14 $\alpha$ -hydroxymethyl sterols, which these tables do not specifically treat.

The observed specific optical rotations for X, XI, and XII were also consistent with their structural assignments. The reported specific rotations of cholest-6-ene, cholest-7-ene, and cholest-8-ene are  $-88^\circ$ ,  $+12^\circ$ , and  $+56^\circ$ , respectively (32). Reported specific rotations for cholest-6-en-3 $\beta$ -ol, cholest-7-en-3 $\beta$ -ol, and cholest-8-en-3 $\beta$ -ol are  $-97.5^\circ$  (33),  $+3.4^\circ$  (33), and  $+50^\circ$  (34), respectively. The specific rotations of the 14 $\alpha$ -hydroxymethyl sterols X, XI, and XII were  $-42^\circ$ ,  $+18.6^\circ$ , and  $+77^\circ$ , respectively. These findings suggest that the 14 $\alpha$ -hydroxymethyl group causes a significant positive shift in the rotation in these molecules. The general trend of the rotations of X, XI, and XII is clearly compatible with the presence of  $\Delta^6$ ,  $\Delta^7$ , and  $\Delta^8$ -double bonds, respectively, in their structures.

The  $\Delta^7$ -sterol (XI) was also converted to its 3 $\beta$ ,32-diacetate derivative (XIII), which had essentially the same melting point and specific optical rotation as reported by Knight et al. (25).

The chromatographic mobilities of the three hydroxymethyl sterols and the epoxide IX were characterized in several systems. Table 2 presents the results of TLC analyses of these sterols on silica gel and on alumina-silver nitrate (35) plates. It is important to note that the  $R_f$  of the epoxide IX is very similar to that of XII in the first of these systems. Also, the very low  $R_f$  for X on argentation chromatography is also compatible with the presence of a  $\Delta^6$ -nuclear double bond in its structure. Table 3 summarizes the behavior of the trimethylsilyl derivatives of these sterols upon GLC analyses.

The preparation of 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol by another route has recently been reported by Anastasia et al. (36). While the value of the specific optical rotation and the NMR data reported by the latter workers are in close agreement with those reported herein, their reported melting point ( $124-125^\circ\text{C}$ ) is considerably lower than that ( $185-186^\circ\text{C}$ ) observed in the present study. The reason for this discrepancy is not readily apparent. The stereochemical orientation of carbon atom 32 of 3 $\beta$ -acetoxy-7 $\alpha$ ,32-epoxy-14 $\alpha$ -methyl-cholestane, and hence of the same carbon in compounds X, XI, and XII, rests on a body of evidence, the most compelling of which is the unequivocal determination of the stereochemical orientation of a derivative (XVI) of 14 $\alpha$ -methyl-cholest-7-en-3 $\beta$ ,15 $\beta$ -diol (XV) which was prepared from 3 $\beta$ -benzoyloxy-14 $\alpha$ -methyl-cholest-7-en-15-one (XV) (23, 29). As noted in Fig. 1, the latter compound can be considered as the starting material for the synthesis of the 7 $\alpha$ ,32-epoxide.

As noted previously, 14 $\alpha$ -hydroxymethyl-cholest-7-en-3 $\beta$ -ol has been shown to be convertible to cholesterol upon incubation with rat liver homogenate

TABLE 2.  $R_f$  values for 14 $\alpha$ -hydroxymethyl sterols on thin-layer chromatography

Compound	Silica gel G (Solvent ether:benzene 1:1)	Alumina-Silver Nitrate (Solvent chloroform:acetone 9:1)
14 $\alpha$ -Hydroxymethyl-cholest-6-en-3 $\beta$ -ol (X)	0.25	0.22
14 $\alpha$ -Hydroxymethyl-cholest-7-en-3 $\beta$ -ol (XI)	0.17	0.56
14 $\alpha$ -Hydroxymethyl-cholest-8-en-3 $\beta$ -ol (XII)	0.20	0.63
7 $\alpha$ ,32-Epoxy-14 $\alpha$ -methyl-cholestan-3 $\beta$ -ol (IX)	0.20	0.71

TABLE 3. Retention times (relative to cholestane) of trimethylsilyl derivatives of 14 $\alpha$ -hydroxymethyl sterols on gas-liquid chromatography

Compound	Column	
	3% OV-1 (255°C)	3% OV-17 (245°C)
14 $\alpha$ -Hydroxymethyl-cholest-6-en-3 $\beta$ -ol (X)	2.73	2.56
14 $\alpha$ -Hydroxymethyl-cholest-7-en-3 $\beta$ -ol (XI)	2.76	2.64
14 $\alpha$ -Hydroxymethyl-cholest-8-en-3 $\beta$ -ol (XII)	2.44	2.32
7 $\alpha$ ,32-Epoxy-14 $\alpha$ -methyl-cholestan-3 $\beta$ -ol (IX)		5.66

preparations (12).<sup>5</sup> Moreover, this compound and 14 $\alpha$ -hydroxymethyl-cholest-6-en-3 $\beta$ -ol have recently been shown to be potent inhibitors of sterol synthesis in L cells and in primary cultures of fetal mouse liver cells and to reduce the levels of HMG-CoA reductase in these cells (8). Further studies of the metabolism and biological effects of the 14 $\alpha$ -hydroxymethyl sterols are in progress. ■

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